

HALIFAX metro

NEWS
WORTH
SHARING.

Mourning Catie Miller

Dartmouth woman at centre of murder case remembered at her funeral as a devoted mother

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Karma and kindness at Costco

Worker lauded for extra-special photo delivery

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Arctic voyage, digital age

Documentary following amateur sailors can be viewed with virtual reality devices

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STAMPS ARE CHAMPS IN 102ND GREY CUP

THE HORSEMEN TAKE CARE OF BUSINESS IN VANCOUVER, KNOCKING OFF THE TIGERS 20-16 IN A THRILLING FINISH TO HOIST THE CFL TROPHY

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Intruders open fire in home



Police tape surrounds 52 Arklow Dr. in Cole Harbour on Sunday night after three people were injured in a shooting. PAUL DARROW/FOR METRO

Man, male youth taken into custody.

Police descend on Cole Harbour neighbourhood after three people injured



PHILIP
CROUCHER

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Police in Halifax say four men wearing bandanas forced their way into a Cole Harbour home on Sunday night and opened fire, leaving three people injured, including two seriously.

Halifax RCMP say they were called to the shooting at 52 Arklow Dr. around 7 p.m.

Paramedics rushed the victims to the QEII hospital in Halifax where they remained late Sunday night.

Two men and one woman were injured in the shooting. Their ages weren't known, but

it was being reported one of the victims was the son of the homeowner.

Const. Sandra McNaughton of the RCMP said Sunday night they were still trying to determine a motive for the shootings, which resulted in a heavy police presence in the Cole Harbour neighbourhood.

"Everything is still coming in and being investigated as we speak," she said.

"They fired shots when they got inside," McNaughton added of how the shooting went down.

The RCMP closed down several streets to traffic and were asking people to stay away from the area as they investigated. Around 9 p.m., McNaughton said a man and a male youth were taken into custody after police surrounded a home on nearby Caldwell Road. No other details were provided.

For updates, visit
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Violent encounter

"They forced their way in."

Const. Sandra McNaughton on how the intruders got into the home



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Permanent residents

Growth boost from voice for newcomers: Councillor

Giving permanent residents the right to vote in municipal elections is not only a step towards making them feel included, but can keep Halifax "competitive" amongst other cities looking to grow, says one regional councillor.

Regional council will discuss a recommendation from the executive standing committee on Tuesday, to endorse permanent residents as qualified voters in municipal and school board elections.

The motion would also direct staff to work with the province's Department of Municipal Affairs to move the issue forward.

"It's important that people stay here," said Coun. Linda Mosher, who is vice-chair of the committee.

"I want us to be accepting to newcomers, and allow them to be part of the democratic process."

Mosher said, although some on the standing committee were concerned that permanent residents should live here at least a year before voting, it was determined anyone living in HRM for three months would be eligible to vote, just as if they had moved there from another province.

Municipal Affairs Minister Mark Furey seems open to looking at the issue, Mosher said.

The Union of Nova Scotia Municipalities has written a letter supporting Halifax's request and asking for the province to extend the change across the province.

Ontario and Toronto are currently looking at the same changes, Mosher said, and added it would be a "positive step" for Halifax in attracting newcomers and international students, as well as following the Ivany Report.

"We want to be competitive," Mosher continued.

The province has committed to public consultation on the voting issue if it goes forward, Mosher said.

HALEY RYAN/METRO

Mourners gather to bid farewell to Catie

Murder alleged.
Hundreds attend funeral of 29-year-old Dartmouth woman

BRAEDON CLARK
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As row after row at the Bedford Baptist Church filled with mourners, a screen at the front played through a visual time capsule of Catie Miller's life.

First, she was a newborn, helpless and tiny. Then she was a toddler on the beach, reaching toward the camera. A few moments later, she was dressed as a bunny for Halloween, posing with her bag of treats.

On and on the pictures went, through the teenage years, university and up to the birth of her three-year-old son, Oliver, who could barely see the pictures over the pew in front of him.

Then, back to the first image, cruel in its simplicity: "Catherine Elizabeth Miller, 1985-2014."

On Saturday afternoon and in front of an overflow crowd, Miller's friends and family bid farewell to the 29-year-old whose mysterious disappearance in July ended sadly last week with the discovery that she was the victim of an alleged murder.

In eulogizing his daughter, John Miller spoke of her infectious giggle and love for her son.

"Catie was, above all, a devoted mother," he said, before pointing at his grandson. "Oliver, you were your mom's



Hundreds of mourners came to a funeral service in Bedford to pay their last respects to Catie Miller, who disappeared on July 15. CONTRIBUTED

Father's tribute

"Catie was, above all, a devoted mother."

John Miller, father of Catie Miller

greatest treasure."

Friends remembered Miller's kind heart and considerate personality, like when she invited two friends over for separate sleepovers so each would feel special.

Rev. Ida Armstrong-

Whitehouse, who led the service, spoke about the Miller family's strength over the past few months and how they did everything they could have to help find their daughter.

"It's been a long, long hard

journey," she said. "You have all shown so much strength."

Miller's brother Chris, who lives in Toronto, spoke about the impact the situation is having on his young nephew.

"He'll be able to see and hear the stories that were told about Catie today," he said.

"I don't think he can really process it quite yet, but he's doing as well as a three-year-old can."

Tough time. Family rely on the people they love

Catie Miller went missing on July 15 and is believed to have been killed that same day.

Three people face charges including first-degree murder and indecently interfering with human remains in connection with her death.

As police announced the arrests and charges last week, investigators also launched a search for Catie's remains.

Miller's brother Chris

spoke after the funeral about the difficulty of saying goodbye while during the search and legal process.

"We're doing as well as can be expected," he said.

"There's no book you can read to deal with something like this. You just have to rely on the people you love and surround yourself with great people."

BRAEDON CLARK/FOR METRO



Dr. John Miller, right, speaks to the media about his daughter Catie's murder, flanked by son Christopher Miller on Wednesday. JEFF HARPER/METRO

1 NEWS

Bylaw change: Bring your trash (talk) to City Hall

Residents with an opinion on the proposed changes to HRM's garbage bylaws can air their feelings at this week's regional council meeting.

A public hearing is set for 6 p.m. Tuesday on changes to the bylaws, which include reducing the number of bags allowed for curbside pickup from six to four and using clear bags instead of black or green.

"Changing the colour of a bag to clear is proven to be a powerful diversion strategy," reads a staff report going to council on Tuesday. "It has a positive impact on behavioural change to increase and improve source separation of recyclables and organics."

The report states that within months of switching to clear bags, the Cape Breton Regional Municipality

saw a 16 per cent decrease in garbage going to landfills. In Colchester County, a decrease of 18,000 tonnes going to the landfill compared to the previous year has been attributed to clear bags.

Councillors will also give first reading Tuesday night to other changes, which include banning grass clippings from green bins and using kraft paper bags for leaf and yard waste. **METRO**



Proposed changes to Halifax's trash bylaws would see clear garbage bags used instead of green or black bags.

METRO FILE

City staff hold meet-up on downtown Dartmouth plans

HRM residents will get an update Monday evening on changes to planning regulations for downtown Dartmouth.

City staff will provide an overview of the work that's been done since a public meeting last January, and seek pub-

lic feedback on design guidelines and the approval process for new developments; options for building heights and shadow impacts; and the proposed precincts and their visions within the commercial and waterfront areas.

The presentation by staff begins at 6:30 p.m. at the Alderney Landing Market, and will be followed by an open house at which residents can ask questions and provide comments.

METRO



Kerri Tadeu smiles while talking with Costco's Brad Piper, after surprising him at the Dartmouth location's photo lab on Sunday. **JEFF HARPER/METRO**

'I just believe in doing what's right'

Ontario woman.

Surprises Costco worker with public thanks for important photo delivery

Quoted

"It was an easy choice for me. I care about people."

Costco employee Brad Piper



HALEY RYAN

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Kerri Tadeu walked quickly over to the Costco photo lab Sunday, peeking around a line of people to see the name tag of a man working at the cash register.

"That's him!" she said with a large grin.

In a whirlwind of smiles and hugs, Tadeu surprised Brad Piper during his shift at the Dartmouth Costco on Sunday to thank him for hand-delivering photos to a young woman with terminal cancer, in the Dartmouth hospital last Monday.

"You could have said, 'Ah, I can't help you,' but instead you said, 'There's an opportunity to make a difference in somebody's life,'" Tadeu said after giv-

ing him a box with inspiring phrases on it such as "Be happy," and "See the good in people."

"You left your mark on me, and now I'm leaving my mark on you."

The Kingston, Ont. woman said she called Costco to print off photos of butterflies featuring collages of Lindsey Cousineau, the 26-year-old daughter of a friend, who was expected to pass away within days.

Plans for someone else to pick up the photos fell through, and as she was still in Ontario, Tadeu asked Piper if a cab service could deliver her photos.

However, Piper decided it was best to drive over and hand them to the family himself.

"I'm a little flabbergasted by all this," Piper said, gesturing toward Tadeu.

"This was an extra-spe-

cial circumstance," he added. "The whole time I was driving there I was like, 'I hope I'm not late.'"

Tadeu said Piper made a huge impact on Cousineau and her family, as she could see the photos before succumbing on Wednesday.

Tadeu flew down for Cousineau's funeral Saturday and knew she had to stop and see Piper before leaving.

Piper said he's been working at the Costco photo lab for 22 years, and said members have to be able to trust the staff because people are "letting us into their private lives."

"I just believe in doing what's right. I believe in karma," Piper said, brushing off Tadeu's offer to pay for the \$12 printing cost of the photos. "Money's not important ... but people are," he said.

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Court denies appeal in Halifax baby's death

A Nova Scotia man who was convicted of manslaughter in the death of his infant daughter will not have his case heard by the country's top judges.

Ashiqur Rahman, originally from Bangladesh, lived in Wolfville before moving to Halifax where his baby daughter died in July 2009.

In June of 2012, he was convicted of manslaughter and aggravated assault in relation to the death of the seven-week-old baby and sentenced to six-and-a-half years in prison.

In written submissions to the Nova Scotia Court of Appeal, Rahman's lawyers argued the verdicts were unreasonable or resulted from a misapprehension of the evidence.

They also argued that the trial judge should not have relied on testimony from Jane Gomes, Rahman's former



Ashiqur Rahman is seen outside a courtroom at Nova Scotia Supreme Court in Halifax. METRO FILE

partner and the mother of the deceased child.

The appeal was dismissed in June, following which Rahman applied to the Supreme Court of Canada on the basis that his Charter rights had been violated.

On Nov. 27, the Supreme

Court of Canada dismissed the appeal and did not award costs.

Gomes pleaded guilty in 2010 to two counts of failure to provide the necessities of life and her conditional sentence order and probation have been served. HANTS JOURNAL



Leah Parsons, seen in this photo taken in April, says the work that will be done by the newly established Rehtaeh Parsons Society will help her cope with the grief over her daughter's death. METRO FILE

Fighting in Rehtaeh's name

A place for support.

Rehtaeh Parsons Society to address cyberbullying, youth sexual violence

A new organization has been established by the parents of Rehtaeh Parsons to address the prevalence of cyberbullying, youth sexual violence and the distribution of images among young people.

The Rehtaeh Parsons Society will raise money to provide education, skills and tools to help young people.

Leah Parsons and Glen Canning were on hand Saturday to introduce the new initiative during a community information session held at a church in suburban Halifax.

Quoted

"Every time I feel I want to close in and just shut the world off ... I'll get a message from somebody saying how much Rehtaeh has inspired them to do better."

Rehtaeh's mother Leah Parsons



Glen Canning, Rehtaeh Parsons' father. METRO FILE

Parsons told the gathering that it's been an emotional struggle since her daughter's death.

But she said things such as the support she gets from people in the community and the work that will be done by the society help keep her from being consumed by her grief.

"Every time I feel I want to close in and just shut the world off ... I'll get a message from somebody saying how much Rehtaeh has inspired them to do better," said Parsons.

Parsons and Canning say their 17-year-old daughter was driven to suicide by relentless cyberbullying.

Rehtaeh Parsons was taken off life-support in

April 2013 after a suicide attempt.

In an interview, Canning said the society's goal is to turn words into action in the form of a "people-focused" community advocacy group, speaking for those who are abused through sexual violence and providing information for victims to get the proper help.

"Going by the support we have we just don't want to let that go by the wayside," he said. "We want to really turn it into something positive in memory of Rehtaeh."

Canning said the society also hopes to help qualified non-profit organizations across Canada that have demonstrated progressive treatment and initiatives toward victims.

Last month, Leah Parsons endorsed new teaching material introduced by the Canadian Centre for Child Protection in Winnipeg.

The curriculum, which is available to all teachers across Canada, is aimed at students in Grades 7 through 10.

Parsons said in Winnipeg that if the consequences of cyberbullying had been openly discussed in schools, her daughter's tormentors might have thought twice.

THE CANADIAN PRESS

'Making great progress'

Record-breaking donation made to new YMCA

The new YMCA in Halifax will be named in honour of the late John W. Lindsay after his family made a record \$3-million donation to the project.

"My father believed in the YMCA, where he was

a volunteer, a member, an ambassador, a philanthropist and a perennial steward for over 40 years," said John Lindsay Jr. on Thursday.

Of the projects' \$9-million fundraising campaign, which he chairs, Lindsay Jr. said the group is "making great progress."

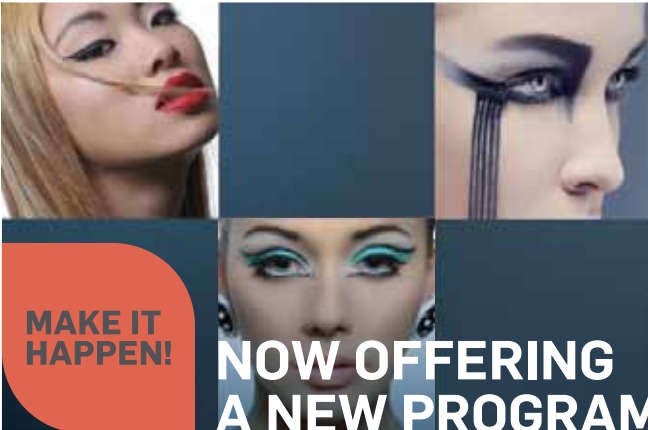

The expanded facility at South Park Street will feature 70,000 square feet of space and is scheduled to open in early 2018.

Lindsay Sr. was born in Brooklyn in 1926, then earned a degree at Dalhousie in 1949. Soon after, he became a successful developer in the city, with his signature project being the Purdy's Wharf office complex downtown. METRO

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You better not pout, I'm telling you why: Santa Claus is coming to Halifax

Santa Claus waves to the crowds along the Herring Cove Road during the annual Spryfield Santa Claus Parade on Sunday.

JEFF HARPER/METRO

Opening of Convention Centre pushed back to January 2017

Behind schedule. Of 30 events scheduled, 17 had to be pushed back to accommodate later opening date

BRAEDON CLARK

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The massive Nova Centre project is behind schedule

and over budget, but developer Joe Ramia remains confident that the end result will still be a success.

Ramia announced at an update meeting on Friday that the project, including a convention centre, hotel and retail space, is on track for a "substantial completion date" of Sept. 30, 2016, several months later than an earlier target of spring 2016.

An official grand open-

ing is scheduled for January 2017.

"On balance, we are happy with this date considering the challenges we have faced," Ramia, President of Argyle Developments Inc., said.

He cited design changes stemming from a public consultation and bad weather last winter as factors in the delayed opening.

Ramia acknowledged that the delay would put

Costs

\$164M

The cost of the taxpayer-funded convention centre in the Nova Centre.

the project "slightly" over budget, but couldn't provide specific figures.

"We are just looking into that right now, but any delay impacts the financials,"

he said.

Of the 30 events that had already been booked, 17 will have to be rescheduled in light of the later opening date.

Nonetheless, Scott Ferguson, Trade Centre Ltd. president and CEO, was optimistic that business wouldn't be lost as a result.

"We fully expect to retain all of our customers in this market," he said.

The presentation also

featured a time-lapse video of the construction site, which is expected to reach its full 16-storey height by spring 2015.

Also revealed were the final floor plans, including a ballroom level that will have floor-to-ceiling windows offering a panoramic view of the city.

"This will be the most incredible space you will find in Atlantic Canada," Ferguson said.

Michele McKenzie. GHP names new interim boss

The Greater Halifax Partnership has announced a new interim president and chief executive officer.

Michele McKenzie, a former deputy minister of tourism, culture and heritage with the provincial government, is taking over the role from Paul Kent, who is leaving on Dec. 31.

Kent will work with McKenzie this month to help in the



transition.

McKenzie has worked in the private sector and as president and CEO of the Canadian Tourism Commission.

A search for a permanent president and CEO is underway. **METRO**

Waverley. Police hunt for pair of robbery suspects

Police say a man and woman wearing scarves over their faces robbed a Halifax-area gas station on Sunday morning.

The RCMP say the robbery at Circle K Irving in Waverley happened around 8:30 a.m. when a man and woman entered the store and took money and other items from the clerk.

The suspects fled in

a small grey four-door vehicle.

The clerk wasn't hurt.

Both suspects were wearing dark clothing. The man is described as about six feet tall with a medium build, wearing a dark hat.

The woman is described as thinner and shorter than the man and wearing a white hat.

METRO

Highway 101. Cop facing impaired driving charges

A Halifax Regional Police officer is facing charges of impaired driving after being stopped on Highway 101 near New Minas on Thursday night.

The officer, who was off-duty at the time, was arrested by New Minas RCMP at a traffic stop just after 10 p.m.

The name of the officer won't be released until the information has been sworn before the courts, which is ex-

pected to happen on Monday.

The officer has been suspended with pay pending the outcome of the case.

This is the second case of a Halifax Regional Police officer being charged with impaired driving in the past two weeks.

Const. Ryan William Morris, 23, was charged after a car hit a power pole in Dartmouth during the early morning hours of Nov. 17. **METRO**



Margaret Rose Boudreau leaves court accompanied by Crown attorneys Shane Russell, right, and Steve Drake after jurors reached a verdict in the Joseph James Landry murder case on Saturday in Port Hawkesbury. Landry was convicted of manslaughter in the death last year of Philip Boudreau. ANDREW VAUGHAN/THE CANADIAN PRESS

Fisherman convicted of manslaughter

Awaiting sentencing. Joseph James Landry will be sentenced on January 29

A Cape Breton fisherman has been convicted of manslaughter for killing a man he said drove him into a fury after cutting his lobster traps and threatening to burn his home.

A jury found Joseph James Landry, 67, not guilty of second-degree murder in the death last year of Philip Boudreau, but convicted him on the lesser charge Saturday after a day of deliberations at the Nova Scotia Supreme Court in Port Hawkesbury.

Crown prosecutor Shane Russell said Boudreau's family was disappointed the jury didn't convict Landry of the more serious offence.

"They heard a lot of gruesome details," Russell said. "To find a verdict of not guilty

on second-degree murder ... obviously they're upset."

Margaret Rose Boudreau, the victim's sister, declined comment as she left the court.

The jury viewed a sworn, videotaped statement Landry gave police where he said he intended "to get rid of" Boudreau.

Asked by an RCMP investigator what he meant by that, Landry replied, "kill him or whatever."

Defence lawyer Luke Craggs said the Crown failed to prove Landry intended to kill Boudreau, calling the verdict a victory for his client.

"We can infer from the verdict that the jury said that though maybe he said he wanted to kill him, the actual physical action that caused the death of Philip Boudreau wasn't an intentional act by James Landry," he said.

The 43-year-old Boudreau's body hasn't been found.

Crown attorney Steve Drake told the jury his death

Quoted

"I wanted to destroy him. I was seeing black. I was so mad."

Joseph James Landry, lobster fisherman, talks about murder victim Philip Boudreau in police interviews.

was the result of a sustained attack by a three-man lobster fishing crew that included Landry — one of four people charged in the case.

Landry told police the victim had taunted him for years, cutting his lobster traps and threatening to set his house on fire.

"I wanted to destroy him," says Landry, who accused Boudreau of taunting him for years. "I was seeing black. I was so mad."

He told police he later told the crew of the Twin Maggies he had made a mistake.

"I regret it," he tells an RCMP investigator. "I told you the truth. It's all over now."

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Ex-GG Michaëlle Jean named first female leader of La Francophonie

'A great reflection on our country.' Jean will replace Abdou Diouf, who stepped down after 10 years in the position

Former governor general Michaëlle Jean has been named the first female leader of Organisation Internationale de la Francophonie (La Francophonie), and says its members must work closely together to ensure prosperity and stability.

While the organization has concentrated largely on cultural issues over the years, Jean signalled on Sunday that more emphasis will be put on economic matters.

"One of the most ambitious and daring objectives that la Francophonie has ever set for itself is the idea of an economic Francophonie," she told a news conference after being named by consensus at a summit of its members in Dakar, Senegal.

"We need to work together, unite our efforts, especially as

Cultural diversity

"(Jean) exemplifies the cultural diversity of La Francophonie. She is a consensus builder who can represent the interests of francophones around the world."

Brian Gallant, New Brunswick Premier

countries want growth, prosperity and development, knowing for example that a crisis in Mali is not (just) a Malian crisis."

She said a sharply focused economic strategy can provide "new relevance for La Francophonie."

Jean, 57, was up against four other candidates at the summit of La Francophonie, whose 57 members include Canada, Quebec and New Brunswick. She will replace Abdou Diouf, who stepped down after more than 10 years in the position.

Prime Minister Stephen Harper, who attended the meeting with Quebec Premier Philippe Couillard and New

Brunswick's Brian Gallant, congratulated Jean and pointed out that Canada is the second biggest contributor to the organization.

"Obviously, all Canadians are very proud that our fellow citizen, former governor general Michaëlle Jean, will be succeeding Abdou Diouf as secretary general of La Francophonie," Harper told a news conference.

He said her victory also cast Canada in a positive light.

"It's a great reflection on our country, on the role we play in the francophone world, internationally, and the recognition of the importance of the French fact and the French reality in our own country."

Couillard hailed Jean, who was governor general between 2005 and 2010, as perfect for her new job.

"Michaëlle Jean is the incarnation of this new vision of La Francophonie: modern, young and dynamic," he said.

The next summit of la Francophonie will be held in Madagascar in 2016.

THE CANADIAN PRESS



Secretary-General of La Francophonie Abdou Diouf raises the hand of former governor general Michaëlle Jean as she celebrates upon being chosen as the new Secretary-General of La Francophonie during the international group's summit in Dakar, Senegal on Sunday. SEAN KILPATRICK/THE CANADIAN PRESS

Israeli-Canadian woman reportedly kidnapped by ISIL

An Israeli newspaper report says Islamist websites are claiming extremists have kidnapped an Israeli-Canadian woman who joined Kurdish fighters overseas.

The Jerusalem Post says reports of Gill Rosenberg's capture surfaced Sunday on websites "known to be close" to extremists from the Islamic State of Iraq and the Levant (ISIL).

The newspaper says the websites give few details

on the alleged kidnapping, only that it occurred after three suicide attacks on sites where Kurdish fighters were holed up.

A spokesman for Foreign Affairs says the government is aware of reports a Canadian citizen was kidnapped in Syria and is "pursuing all appropriate channels to seek further information."

Clashes between ISIL and Kurdish troops have largely

focused on the Syrian city of Kobani, near the Turkish border.

The now-notorious al-Qaida splinter group is currently in control of large swaths of territory in both Syria and Iraq.

Messages of concern were posted Sunday on a Facebook profile belonging to a Gill Rosenberg. An earlier message asked for advice on joining the Kurdish army.

THE CANADIAN PRESS

Saudi Arabia

Canadian man stabbed by Saudi local: News agency

The official Saudi Press Agency says a Canadian citizen was stabbed by a local

man while he shopped in a mall with his family in the country's oil-rich Eastern Province.

The news agency, quoting a police spokesman, says the victim was transferred to a hospital Saturday afternoon.

Police say they have arrested the Saudi man and are investigating the motive for

the attack.

The attack comes one week after a gunman shot a Danish citizen in his car in the capital, Riyadh.

Canada, Denmark and Saudi Arabia are members of the U.S.-led coalition conducting airstrikes against Islamic State group fighters.

THE ASSOCIATED PRESS

List of demands

Prentice to discuss Energy East with Ontario, Quebec

Alberta Premier Jim Prentice is scheduled to meet with his Ontario and Quebec counterparts this week to lobby for support of the Energy East pipeline.

A spokeswoman says Prentice is to meet Quebec's Philippe Couillard on Tuesday and Ontario Premier Kathleen Wynne on Wednesday.

Both eastern premiers have a list of demands about the proposal. They want contingency plans and emergency response programs in place, consultations with First Nations and consideration of environmental impact and greenhouse gas emissions.

Wynne said she reached out to Prentice last week so he understood the principles that Ontario and Quebec want considered in the approval process for the proposed \$12-billion pipelines in Eastern Canada.

THE CANADIAN PRESS

D-rating

Canada lagging on animal protection: new global index

Archaic anti-cruelty legislation and weak transportation laws are among the reasons for Canada's mediocre ranking when it comes to animal protection, according to a global assessment by World Animal Protection.

Overall, Canada gets a D rating on the animal protection index, which rates 50

countries on a scale of A to G on the strength of their policy and legislative commitments to animal welfare and protection.

Criminal Code anti-cruelty law remains largely unchanged since it was drafted more than a century ago, said spokeswoman Melissa Matlow. The legislation, she said, still brands animals as property.

According to the assessment, another key area of weakness relates to rules around farm animal transport. THE CANADIAN PRESS

Unwilling to relocate

Mental health staff for remote posts tough to find: DND documents

National Defence's pool of candidates for vacant mental health positions dried up quickly last spring when civilian recruits were told they would have to relocate to far-flung military outposts.

Critics say that underlines the need to recruit uniformed psychiatrists, psychologists

and counsellors. Briefings and documents show how officials scrambled to fill 54 vacant staff jobs amid a high-profile crisis where as many as 10 soldiers and veterans took their own lives within a three-month period.

"We anticipate a minimal number of offers to be issued because those qualified individuals remaining in the pool are not interested in the work locations are unwilling to relocate," said a document prepared by the assistant chief of military personnel.

THE CANADIAN PRESS

Released. Colombian general set free by rebels

Colombia's largest rebel group has freed an army general and two others whose capture led President Juan Manuel Santos to suspend peace talks.

The Revolutionary Armed Forces of Colombia handed over Gen. Ruben Alzate and his companions — an army corporal and military lawyer — to a humanitarian mission led by the International Red Cross early Sunday morning. The group was then shuttled by helicopter to a military base near Medellin, from where they'll head later on to Bogota.

Alzate was the highest-ranking military officer captured by the rebels in 50 years of fighting and the incident immediately plunged into crisis peace talks taking place in Cuba. Determined not to scuttle two years of slow but steady progress, the rebels dispatched from Havana one of their top commanders, a member of the ruling se-

tariat known by his alias Pastor Alape, to oversee the handover deep inside the jungles of western Colombia.

"I'm infinitely happy," Claudia Farfan, wife of the U.S.-trained counterinsurgent expert, told The Associated Press after receiving a call from the president informing her that her husband was safe and well. "I can smile again."

Santos had said peace talks would only resume upon the safe return of the general's group as well as two rank-and-file soldiers taken during a fire-fight earlier this month.

Now free, the 55-year-old counterinsurgent expert Alzate will have to answer tough questions about why he apparently violated military protocol and ventured upstream into the rebel-dominated Atrato River dressed as a civilian and without his normal security detail.

THE ASSOCIATED PRESS

Israel. 1948 migration to new nation celebrated

Israel has commemorated the mass migration of Jews from Middle Eastern countries following its creation in 1948.

President Reuven Rivlin marked the occasion with a Sunday reception meant to honour the 800,000 people who were expelled, fled, or left their homes willingly from countries ranging from Morocco to Iran.

In a statement, Prime Minister Benjamin Netanyahu linked the occasion to

Arab countries' continuing unwillingness to accept Israel's legitimacy. Only two Arab countries — Jordan and Egypt — have diplomatic relations with Israel.

Some Israelis say that just as the international community recognizes the plight of the 750,000 Palestinians who fled or were forced to flee during the war that led to Israel's creation, it should also take note of the exodus of the 800,000 Middle Eastern Jews. THE ASSOCIATED PRESS

Community wedding

Thousands say nuptials in Rio

Nearly 2,000 Brazilian couples said "I do" in the largest collective wedding Rio de Janeiro has seen.

The state of Rio de Janeiro hosted the ceremony for low-income couples who can't afford to get married. With relatives joining in, Sunday's celebration included 12,000 people.

Rio de Janeiro has promoted the mass wedding for eight years in a tradition called The Day of I Do, which is for people with a monthly family income of less than \$1,000. At the end, they get a free marriage certificate.

THE ASSOCIATED PRESS

Bomb threat

Police give Flight 67 'all clear' after flying from Spain

Authorities at John F. Kennedy International Airport said they found nothing dangerous Sunday on an American Airlines plane flying from Spain after a bomb threat was phoned in.

Flight 67 from Barcelona landed safely in New York City about noon, according to Laura Masvideo, a spokeswoman for the airline. Rosenberg said passengers were evacuated and police and K-9 unit dogs then swept the plane and its cargo. Pentangelo said all was clear after the bomb threat. THE ASSOCIATED PRESS



Chili diner stands by Cosby despite sex assault allegations

Ben's Chili Bowl restaurant is seen in Washington, D.C. on Saturday. There's an old diner in the U.S. capital that's as beloved for its chili dogs as it is for its survival, having withstood devastating riots and economic lean years. Now it's standing by Bill Cosby, its longtime customer whose face is plastered all over the place. Cosby has been eating at Ben's Chili Bowl for over a half-century. In fact, he's part of the decor. A huge mural outside has his face on it; the wall inside has his photos up; and there's a sign behind the cash register that says he eats for free. That won't change with a string of sexual-assault allegations. The owners say they have no plans to scrub Cosby off the walls or the sign behind the cash that says, "People who eat free: Bill Cosby. President Obama/Family. And no one else." ALEXANDER PANETTA/THE CANADIAN PRESS

Ferguson cop did not get severance

Michael Brown.

Darren Wilson left the city's force after threats against him stirred fears of police, community safety

Quoted

"In terms of what it (the resignation) means, it means at this point he doesn't have a paycheque. He has no income so he'll have to make some decisions pretty quickly."

Neil Bruntrager, Darren Wilson's lawyer

Ferguson police Officer Darren Wilson did not receive a severance package when he resigned over the weekend, the St. Louis suburb's mayor said Sunday.

Wilson, 28, won't receive any further pay or benefits, and he and the city have sev-

ered their ties, Mayor James Knowles told reporters a day after Wilson tendered his resignation, which was effective immediately.

Wilson, who is white, had been on administrative leave since he killed Michael Brown, an unarmed black 18-year-old, during an Aug. 9

confrontation. A grand jury decided Monday not to indict him, sparking days of sometimes violent protests in Ferguson and other cities.

Wilson wrote in his resignation letter that his "continued employment may put the residents and police officers of the City of Ferguson at

risk, which ... I cannot allow."

His lawyer, Neil Bruntrager, told The Associated Press that Wilson decided to step aside after police Chief Tom Jackson told him about the alleged threats on Saturday.

"The information we had was that there would be actions targeting the Ferguson (police) department or buildings in Ferguson related to the police department," Bruntrager said. He said Wilson, who had worked for the department less than three years, and the city were already discussing an exit strategy.

THE ASSOCIATED PRESS



Pope Francis FILIPPO MONTEFORTE, POOL/THE ASSOCIATED PRESS

Pope hopeful for reunification

Pope Francis said Sunday he is ready to go anywhere, anytime to meet with the head of the Russian Orthodox Church — even while acknowledging that he doubts the day will ever come that Catholic and Orthodox theologians will agree to end the 1,000-year schism.

Francis spoke to reporters Sunday en route home from

Turkey, where he made a remarkable gesture of deference to the spiritual leader of the world's Orthodox Christians by bowing down to receive his blessing. Francis also assured Turkey's Orthodox community that the Catholic Church wouldn't force the Orthodox to give up their patrimony on the path to unity.

Asked about prospects of meeting with Patriarch Kirill, head of the Russian Orthodox Church, Francis said both wanted to meet.

"I said I'll go wherever you want — you call me and I'll go. And he also has the same desire," Francis said. "We do want to meet. We want to go forward." THE ASSOCIATED PRESS

Iran

Iranian acid-tossers target local doctor

Two attackers on a motorbike threw acid in the face of a Tehran hospital manager, police said Sunday, the latest in a string of such attacks mostly targeting women.

In a statement posted online, police said Dr. Siamand Anvari, the head

of Ziaian Hospital, was attacked late Saturday while on his way back home. Mahmoud Jabbarvand, one of the medics who treated him, was quoted by the semi-official ISNA news agency as saying he would not lose his vision.

Police offered no motive for the attack.

At least four women were attacked with acid in Isfahan in October.

THE ASSOCIATED PRESS

Egypt

ISIL branded a terrorist group

An Egyptian court has designated the Islamic State of Iraq and the Levant (ISIL) as a terrorist organization and banned it in the country.

The court ruling Sunday adds that it considers all of the ISIL's affiliates to be terrorist organizations as well.

Ansar Beit al-Maqdis or

Champions of Jerusalem, a jihadi group based in the Sinai Peninsula that regularly attacks Egyptian security forces, pledged allegiance to ISIL earlier this month.

ISIL has carved out a self-styled caliphate in territory it controls in Syria and Iraq and demanded the loyalty of the world's Muslims. Other countries across the region also have banned the group.

THE ASSOCIATED PRESS

Australia

Boys find buried baby in beach sand

Police say two young boys playing on a Sydney beach have found the body of an infant buried in the sand.

New South Wales state police Inspector Andrew Holland says the boys found the baby's naked body while digging in the sand at Sydney's popu-

lar Maroubra beach on Sunday.

The body found Sunday was too decomposed for officials to immediately determine the baby's age, gender or cause of death. An autopsy will be performed.

Officials said they were hunting through hospital records to try and find the parents of the infant buried at the beach.

THE ASSOCIATED PRESS

India rallies for equality

'We feel our rights are being violated.'

Thousands of India's gay rights activists marched in New Delhi to end discrimination

Quoted

"Living in India, a democratic country, we feel our rights are being violated as we are not allowed to live as we want."

Rudrani Chettri, one of the rally's activists who marched in the annual gathering

Nearly 1,000 gay rights activists marched through central New Delhi Sunday to demand an end to discrimination against gays in India's deeply conservative society.

Holding balloons, flags and placards, activists and their supporters sang songs and danced to the beat of Indian drums as they held hands and walked in the annual rally.

Indian gays are demanding that the government remove a colonial-era law banning same-

sex relations. India's Supreme Court last year reversed a lower court order that decriminalized gay sex, a decision originally made in 2009.

"Living in India, a democratic country, we feel our rights are being violated as we are not allowed to live as we want," said Rudrani Chettri, a gay man wearing a red and black sari, the dress typically worn by Indian women. **THE ASSOCIATED PRESS**



Nearly 1,000 gay rights activists marched during Sunday's gay rights parade in New Delhi, India, demanding an end to discrimination against gays in India's deeply conservative society. TSERING TOPGAL/THE ASSOCIATED PRESS



Police, protesters clash at pro-democracy demonstration

Police officers throw a pro-democracy protester on the main road outside government headquarters in Hong Kong on Sunday. Hundreds of pro-democracy protesters faced off with Hong Kong police late Sunday night, stepping up their movement for genuine democratic reforms after being camped out on the city's streets for more than two months. **KIN CHEUNG/THE ASSOCIATED PRESS**

Mexico mutilations. Five more bodies found in car

Authorities said five more mutilated bodies were found in a region of southern Mexico where 11 decapitated corpses were found just three days ago.

The five bodies, also decapitated, were found early Sunday in a vehicle abandoned in the municipality of Chilapa, the Guerrero state prosecutor's office said in a statement. The bodies have

not been identified.

Guerrero is the same state where 43 students at a teachers college vanished in September after they were detained by local police and presumably handed over to a drug gang.

Authorities attribute much of the violence to internal divisions in the drug gang once led by the Beltran Leyva brothers.

THE ASSOCIATED PRESS

Qatar. U.S. couple barred from leaving country

An American couple cleared Sunday by a Qatari appeals court of wrongdoing in the death of their adopted eight-year-old daughter has been barred from leaving the Middle Eastern country hours after they were told they were free to go.

Matthew and Grace Huang were stopped from exiting the conservative Gulf nation and had their passports confiscated

as they tried to pass through airport immigration in the capital, Doha, said family representative Eric Volz, who is travelling with them. The delay adds a new twist to a closely watched legal saga over the death of their adopted daughter, Gloria, that may have stemmed from cultural misunderstandings in the conservative Gulf nation.

THE ASSOCIATED PRESS

Ex-Ugandan thief now anti-AIDS activist

The dreadlocked 26-year-old, a reformed thief and onetime drug peddler, Hood Katende is now an anti-AIDS activist in his Kampala slum. He urges young men to wear condoms if they can't avoid premarital sex and encourages teen girls to reject sexual advances by older men with money.

"At night you find boys

waiting for girls to rape, and I go to them and I try to talk to them not to do it," Katende said. "I used to be with them, smoking weed the whole day in the ghetto and moving around at night. I was a member of a gang, but now they see that I have changed day and night."

As World AIDS Day is

marked Monday, Katende is trying to stem a troubling resurgence in Uganda of HIV, which now infects more than 500 young women between the ages of 15 and 24 each week, according to the Uganda AIDS Commission. Between 2007 and 2013 the number of Ugandans infected with HIV rose from 1.2 mil-

lion to 1.6 million, according to Uganda's Ministry of Health.

"Infections are going back up again, and we need to get back to the drawing board as young people and see what relevant techniques we could use if we are going to a school outreach," said Lawrence Mukiibi, a youth coordinator

at the community's Treasure Life Center. "That's the reason why we are working with (Katende). If you don't integrate music, if you don't integrate drama into the message you are trying to carry out forward, some people may not realize how grave the situation is."

THE ASSOCIATED PRESS



Reformed thief and ex-drug peddler Hood Katende is now a respected anti-AIDS activist.

REBECCA VASSIE/THE ASSOCIATED PRESS

'Make or break'. Retailers linking online to traditional holiday ad campaigns

Retailers spend millions over the holiday period to get consumers to open their wallets.

But those advertising campaigns are increasingly allocating more funds to target online shoppers, in addition to traditional newspaper ads, radio and television commercials and glossy catalogues. Retail sales in Canada are expected to hit \$46.8 billion in December, up five per cent from last year, according to a study released by Colliers International. That makes the holiday period "make or break" for retailers. "They want to have their mes-

40 per cent of annual sales

For Indigo Books & Music, holiday sales account for up to 40 per cent of the book and gift seller's annual sales — about the same proportion of its annual marketing budget.

sage available (online), and it's basically fishing where the fish are," David Rosenberg, chief creative officer at advertising and marketing firm Bensimon Byrne. **THE CANADIAN PRESS**

U.S. survey

Black Friday's mojo threatened

A survey of shoppers released Sunday by the National Retail Federation shows how early discounting, more online shopping and an improving economy have fewer people shopping on the weekend that

kicks off holiday shopping.

Overall, 133.7 million people shopped at stores and online over the four-day holiday weekend, down 5.2 per cent from last year, according to a survey of 4,631 consumers. Total spending for the weekend is expected to fall 11 per cent to \$50.9 billion from an estimated \$57.4 billion last year. **THE ASSOCIATED PRESS**

U.S. case to probe limits to free speech on the Internet

Social media.

Pennsylvania man convicted after posting rap lyrics on Facebook about his estranged wife

Anthony Elonis claimed he was just kidding when he posted a series of graphically violent rap lyrics on Facebook about killing his estranged wife, shooting up a kindergarten class and attacking an FBI agent.

But his wife didn't see it that way. Neither did a federal jury.

Elonis, who's from Bethlehem, Pa., was convicted of violating a federal law that makes it a crime to threaten another person.

In a far-reaching case that probes the limits of free speech over the Internet, the Supreme Court on Monday was to consider whether Elonis' Facebook posts, and others like it, deserve protection under the First Amendment.



Elonis argues that his lyrics were simply a crude and spontaneous form of expression that should not be considered threatening if he did not really

mean it. The government says it does not matter what Elonis intended, and that the true test of a threat is whether his words make a reasonable

Rap lyrics

"There's one way to love you but a thousand ways to kill you. I'm not going to rest until your body is a mess ..."

A Facebook post by Anthony Elonis about his estranged wife

person feel threatened.

The case has drawn widespread attention from free-speech advocates who say comments on Facebook, Twitter and other social media can be hasty, impulsive and easily misinterpreted. They point out that a message on Facebook intended for a small group could be taken out of context when viewed by a wider audience.

Elonis was convicted of making threats of violence and sentenced to nearly four years in federal prison. A federal appeals court rejected his claim that his comments were protected by the First Amendment. **THE ASSOCIATED PRESS**

Swiss against hoarding gold and limiting immigration

Swiss voters overwhelmingly rejected three citizen-backed proposals to protect the country's wealth by investing in gold, drastically limit immigration and eliminate a special tax that draws rich foreigners.

The separate proposals — put to voters nationwide Sunday by conservative politicians,

ecologists and a liberal group — had needed a majority of voters and Switzerland's 26 cantons (states) to pass.

A proposal to require the central bank to hold a fifth of its reserves in gold was opposed by 77.3 per cent of voters, according to final results from Swiss broadcaster SRF. It would

have forced the Swiss National Bank to buy massive amounts of gold within five years, likely causing its global price to jump.

Finance Minister Eveline Widmer-Schlumpf said the vote reflects people's confidence in the SNB and the view that gold is no longer as important as it once was as a tool to back up

paper money.

The SNB praised the outcome because it said the initiative would have "severely constrained" its ability to protect the country's interests through stable prices balanced with economic development.

The "Ecopop" initiative would also have forced Switz-

erland to devote a large chunk of its foreign aid to programs aimed at reducing population growth in poor countries.

Andreas Thommen, a Green Party member who oversaw the campaign, told SRF that Switzerland "missed the opportunity to set the course for a sustainable future." **THE ASSOCIATED PRESS**

Nationwide vote

A proposal to limit immigration to 0.2 per cent of Switzerland's population — about 16,000 immigrants a year for a country of eight million — was opposed by 74.1 per cent of voters. None of the cantons came out in favour. Currently, immigration is estimated at around 80,000 a year.

Gay baby boomer retirees face worse financial hurdles than straight peers

For Kathy Murphy, the difference between being gay or straight is \$583 a month.

Retirement should have been a "slam dunk," the 62-year-old Texas widow says. She saved, bought a house with her spouse and has a pension through her employer.

But Murphy's retirement has not been as secure as it should have been. She is missing out on thousands of dollars a year in Social Security benefits simply because she was married to a woman, not a man.

Murphy fell into a loophole in Social Security that denies survivor benefits to same-sex couples depending on what state they live in. Had Murphy and her wife, Sara Barker, lived next door in New Mexico, a



state that recognizes same-sex marriage, this wouldn't have been an issue.

Social Security isn't the only factor contributing to a retirement-savings deficit among gay baby boomers in the U.S.

The AIDS crisis frightened many HIV-positive gay men and women into thinking they wouldn't live long and discouraged them from saving.

Jim Albaugh is one of those people. Diagnosed with AIDS in 1990, he was in and out of hospitals. After coming back from the brink of death, he now faces another crisis: He has little in the way of savings and can't work as much as he did before his illness. Without public financial support programs, he would not be able to get by.

The 53-year-old has 12 years before he hits retirement age, but when asked about it, he says: "I don't think about retirement because I don't believe I will have one."

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VOICES

THE WHOOPSIE FILE

Misleading photo ops, tardy construction projects, countless reschedulings — it's The Whoopsie File, a costly collection of mistakes brought to you by your tax dollars.



STEPHEN KIMBER
halifax@metronews.ca

How many Conservative cabinet ministers does it take to mislead Canadians?

Last weekend, Stephen Harper trotted out his own trusty troika — Defence Minister Rob Nicholson, Veterans Affairs Minister Julian Fantino and Justice Minister Peter MacKay — for a photo op/announcement during the Halifax International Security Forum, a.k.a. Peter's Playground (official cost: \$2.49 million).

Days before a damning veterans' mental health audit, Nicholson triumphantly declared Ottawa would spend what everyone was intended to understand was "\$200 million over six years" to combat mental illness in the Canadian Forces.

Whoopsie.... When opposition politicians began peeling back the layers of bafflelegab, Ottawa's real commitment turned out to be \$200 million over ... 50 years. Which is less than twice what Peter spent this year for his weekend of wining and dining his more-important-than-veterans friends. Thank you for your service.



Developer Joe Ramia. JEFF HARPER/METRO FILE

July 11, 2012: Halifax developer Joe Ramia gathered Halifax's self-anointed movers, shakers and we-are-the-future makers for a glittery festival of self-congratulation at Neptune Theatre.

His new \$500-million Nova Centre, he declared, had its first official tenant. No matter

that it was the already much-announced convention centre.

The project, he said, will be "substantially complete" by Dec. 31, 2015.

Whoopsie.... On Friday, Ramia conceded — an apparent afterthought to an upbeat update — that construction is nine months behind

schedule. Blame the approvals process, design changes, winter. (Salty fog anyone?)

This week's new drop-dead date is September 2016; January 2017 for the convention centre.

Jan. 23, 2014: the convention centre got its new logo and name. And Trade Centre Ltd. CEO Scott Ferguson unveiled his sweet 16 list of first conventions for the new digs.

Twelve thousand cash-splashing conventioners, \$18 million in new business.... Take that, you naysayers.

Concerns about completing the project in time?

Pshaw ...

Whoopsie.... On Thursday, Trade Centre Ltd. began contacting those same convention organizers to inform them of the ... ah, new and improved "substantially completed" date.

"We will now be rescheduling" 17 events, explained Ferguson. He said he hoped many would decide to squeeze their events into the existing World Trade and Convention Centre spaces.

But if they can do that, why are we spending \$164 million in public funds for a new convention centre?

Whoopsie. Again. Still.

World AIDS Day



DEVASTATION SPURRED US INTO ACTION

Dr. Julio Montaner

Dr. Julio Montaner, the world-renowned AIDS researcher and director of the British Columbia Centre for Excellence in HIV/AIDS, remembers what it was like to walk the streets of Vancouver at the height of the outbreak in the 1980s and '90s.

"The first decade or two was really devastating. It was a bit scary to walk down Davie Street," said Montaner, referring to the city's gay district. "There was a lot of AIDS walking around, a lot of sick people."

At that time, patients — mostly gay men, then — were being ostracized, discriminated against and stigmatized. For Montaner, it was the sight of real human suffering on the streets and the chance to learn from advocates that helped turn the tables and change the culture surrounding the disease.

"It had an effect on you," said Montaner, chief architect of the UN's new 90-90-90

strategy to end the AIDS epidemic by 2030.

Much of the fear and paranoia in the gay community gave way to tolerance and education, allowing researchers and health-care workers to attack the virus. Patients are living longer lives thanks to Montaner and his team, who championed advances in the form of highly active antiretroviral therapy (to reduce viral loads) and the Treatment as Prevention model (to cut the spread of the disease). The latest advancement is a regimen of drugs that can be taken proactively, preventing patients (those that can afford it) from contracting the virus. As a result, new AIDS cases in Canada have dropped 90.6 per cent since 1993, when the country reported a record 1,833 cases.

Montaner has been calling for the federal government to adopt his strategies on a national level to reach affected and often marginalized groups.



SHIFT DOESN'T EXTEND TO THOSE HIT HARDEST

Jessica St. Jean

Despite the medical progress being made treating patients and reducing the spread of HIV/AIDS, cultural stigmas still prevent many populations from accessing proper education, testing and medical services.

"HIV, in the minds of people, is as serious as it has ever been," said Jessica St. Jean, manager of the indigenous education program at YouthCo, a Vancouver organization that strives to reduce the impact of HIV among youth.

"There is still so much stigma and fear around sex and sexuality and HIV."

While gay communities in urban centres have plenty of education and medical resources available to them, other demographics aren't so lucky.

First Nations, gay people in rural communities, drug addicts and sex-trade

workers are underserved and even criminalized in many cases.

"(Yet) marginalized populations are the ones most affected by HIV," said St. Jean.

For example, the rate of positive HIV test reports in Saskatchewan has suddenly skyrocketed to 17 per 100,000 people as of 2012, three times the national average.

That spike is largely attributed to drug use within aboriginal communities.

"Just getting tested is a barrier outside the cities," said St. Jean, adding education is woefully lacking, along with resources.

"I'm indigenous and come from a small town; it's well known if you go to a hospital you won't be treated as well because of the colour of your skin."



The Polar Sea follows amateur sailors through the Northwest Passage in a 10-hour TV documentary and an interactive online video and magazine. CONTRIBUTED

See Arctic voyage on TV, online or in virtual reality

Multimedia. The Polar Sea borrows Netflix strategies as it tracks amateur sailors on journey through the Northwest Passage

It's a 10-part TV documentary series, an interactive web doc, an online magazine and an experiment in the emerging field of virtual reality.

The producers behind The Polar Sea, which follows a trio of middle-aged amateur sailors on an ambitious and arduous voyage through the Northwest Passage, don't really care how you experience their investigation into climate change.

But they are proud that

the documentary, is getting so much airtime — on TVO in Ontario starting on Monday. New episodes air every weeknight for two weeks. The series will also be available for all Canadians to stream at tvo.org/polarsea. Borrowing a strategy from Netflix, all 10 episodes will go online on Monday for binge watchers.

It was decided early on that the TV doc would be just one part of the story, says producer Kevin McMahon of Toronto-based Primitive Entertainment, who notes that the Canada-German co-production involved five film crews shooting over the course of four months.

"I think everybody in this business is now looking at finding a way to speak to as broad an audience as possible

Climate change

Producer Kevin McMahon says the doc looks at climate change through the Arctic because it's changing faster than anywhere else in the world. "Ten or 15 years ago, it would've been impossible for me or you to sail through the Northwest Passage."

and, increasingly, that means speaking through different platforms. We're trying to offer as many doors into the story as we possibly can."

Production company Deep 360 created an interactive 30-minute online companion documentary with 360-degree video. In a web browser, users

can zoom, pan up or down, or spin the camera angle around as the documentary plays. In one incredible scene, viewers are on a beach as the Northern Lights glow overhead.

"Everyone had this wish to create something on the interactive side in tandem with the series that would allow people to actually experience the Arctic," says Deep 360 founder Thomas Wallner.

The interactive documentary is also compatible with soon-to-be-released virtual reality devices, including the Facebook-owned Oculus Rift and Samsung's Gear VR.

For those who want to go really deep into the subject, there's also an interactive online magazine — available in English, French or German.

THE CANADIAN PRESS

DVD review



Dawn of the Planet of the Apes

Director. Matt Reeves

Stars. Andy Serkis, Jason Clarke, Gary Oldman

In title and spirit, it evokes the opening sequence of Stanley Kubrick's 2001: A Space Odyssey, an obvious influence on director Matt Reeves.

Dawn builds on Rise of the Planet of the Apes (2011), picking up the prequel story about a decade after mankind has been devastated by a simian flu unleashed just as smart apes have revolted against human oppressors.

Andy Serkis again stars as lead ape Caesar, the most intellectually and emotionally evolved of the apes, having grown not just as a rebel and leader but now also as a father and family figure.

Caesar can understand the need of the surviving band of humans — led by Jason Clarke and Gary Oldman — to restore order by reactivating a hydro power plant in ape territory outside a ruined San Francisco. But rivals amongst both apes and humans conspire against him.

The thoughtfulness isn't at the expense of action, which the movie delivers with impressive power. PETER HOWELL

2 SCENE

TOP SIX @ 6 Weeknights at 6 Kat counts down the HOTTEST songs of the day

- 6 Alessio ft Tove Lo Heroes
- 5 Ariana Grande & The Weeknd Love Me Harder
- 4 Sam Smith I'm Not The Only One
- 3 David Guetta & Sam Martin Dangerous
- 2 Taylor Swift Blank Page
- 1 Nick Jonas Jealous

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Taylor Swift ALL PHOTOS: GETTY IMAGES

Shake It Off, Matt: Taylor might still want you

Maybe you've never heard of British band The 1975, but apparently it's a thing and it has a lead singer named Matt Healy, who recently met Taylor Swift. And the meeting apparently went really well — though Healy might have just ruined everything with a single radio interview. "I met Taylor Swift — that was really nice," Healy said during a recent interview

with Shazam Top 20 radio. "We exchanged numbers. Let's see what happens."

I could tell you what's going to happen, Matt, but I don't want to spoil it. "I mean bloody hell, what am I going to do? Go out with Taylor Swift? She's a sensation, I wouldn't say no," Healy added. Oh Matt, buddy, I don't think that's up to you anymore.

Post-surgery Freddie Prinze Jr. clarifies that 'learnin to walk' thing

Outspoken She's All That and Star Wars Rebels star Freddie Prinze Jr. revealed on Twitter that he underwent spinal surgery recently, though he could have phrased the initial announcement better. On Wednesday he tweeted, "Learnin to walk again is like learning

jiu-jitsu — one technique at a time" along with a photo of himself in a neck brace. The "learnin to walk" bit caused a bit of a stir, so Prinze had to clarify that he's just fine, tweeting, "I can walk fine. Just putting back together one step at a time."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Shia LaBeouf says he was raped at art gallery

NED EHRBAR
Metro in Hollywood

Hey, remember earlier this year when Shia LaBeouf set himself up in a Los Angeles art gallery with a bag over his head to have staring contests with strangers for five days? Well, the actor says he was raped during the show. "One woman who came with her boyfriend — who was outside the door when this happened — whipped my legs for 10 minutes and then stripped my clothing and proceeded to rape me," LaBeouf says in an email interview with Dazed and Confused magazine. "Then (she) walked out with her lipstick smudged to her awaiting boyfriend who I imagine was quite hurt by it." To make things even more absurd, this happened when his girlfriend, Mia Goth, was coming to visit the show and he couldn't talk to her about it. "It was Valentine's Day and I was living in the gallery sleeping in a sleeping bag for



the duration of the event," he explains. "We were separated for five days. No communication. So it really hurt her as well as I guess the news of it travelled through the line. She was only about 25 people back. When she came in she asked for an explanation and I couldn't speak so we both sat with this unexplained trauma silently. It was painful."

Director James Cameron takes odd approach to advertising

Avatar director James Cameron either needs to reconsider his phrasing when trying to get people hyped for the blockbuster's planned sequels, or he has some truly terrifying plans for moviegoers.

Speaking to Empire magazine about the second, third and fourth films in the franchise he's been talking about for more than four years now, Cameron insists that "you will s--- yourself with your mouth wide open" when you finally see them. Sounds like fun, doesn't it?



Mickey Rourke

Mickey Rourke's dubious boxing victory

A nearly unrecognizable Mickey Rourke took to the ring at age 62 to defeat a 29-year-old opponent during a boxing match in Russia over the weekend, and if it all sounds too good to be true, that's because it probably is. Footage from the bout shows Rourke levelling former California Golden Gloves champ Elliot Seymour with a couple of suspiciously weak-looking blows. Rourke

had a three-year boxing career that ended more than 20 years ago, and he says this victory is just the beginning, as he has another four fights planned. "I've got some things going on in my life so (boxing has) sort of saved me from myself," Rourke recently told Russian television. "And for a man like me, it's better to live in fear than go on in shame." Whatever works for you, buddy.

If George Lucas had made the new Star Wars trailer...

Sure, we were all giddy seeing the Star Wars: the Force Awakens trailer over the weekend. But something was missing, and that something was the magic touch of franchise creator George Lucas, who famously can't leave well enough alone. So a fan made a Lucas-tinged "special edition" of the teaser, complete with extra creatures and noise CGI'd in, just like Lucas did to the original trilogy. So enjoy — and give thanks for J.J. Abrams. Hey look! Jabba the Hutt!



George Lucas

Twitter



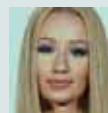
@SarahKSilverman

I have 3 spoons. I am a full grown woman & I own 3 spoons. Shouldn't I have like 10-12 spoons?



@ChloeGMoretz

Stealing pics from people's private accounts is rude and invasive. Just don't do it



@IGGYAZALEA

Santa snow spray is addictive. I'm spraying my entire house. F--- it.



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THE WESTIN

Frugality isn't the other F-word

Money management.

Hang-ups about conscious budgeting can get in the way of good financial plans



GAIL VAZ-OXLADE
Gail blogs daily at
gailvazoxlade.com

Do you think people who are more frugal are so because of necessity? Do they think frugality leads to wealth? Or are they just uptight weirdos who will do anything to save a buck?

Stories abound about the “millionaire next door” who drives the 20-year-old rust bucket and wears the same pants he bought in 1942.

And there are a wealth of anecdotes about people who clip coupons, hunt the deals, shop very carefully to save cents because that's the only way they can make ends meet.

But what about the people in the middle; the folks who have enough to make do and then some. How careful are they about how they spend their money? And what drives them to be frugal if they are?

I was sharing some apps I'd recently been talking about on TV with a bunch of women when one woman said with a great deal of disdain, “We don't need to be careful. We make more than enough money and I like not having to think about it.”

Another in the group responded, “Hey, I like the game. I love seeing how much I can save each month. It feels like a win!”

So which camp do you fall into?

- a) I don't even want to think about it
- b) I love the game
- c) I have no choice

I'm not a rabid bargain shopper. I like a good deal, but no deal is good enough to make me spend money for something I don't actually need or really, really want.

So hearing there's a sale on at the TV store isn't going to make me go looking at TVs. In fact, if I'm not looking for something in particular, no flyer is going to make me head to the store for new shoes, garden supplies or patio furniture.

In my book, sensible spending and solid money management are as import-



Do you worry if being frugal may be perceived as cheapness? ISTOCK

Technology tips

I have some good news: Technology has made it easier than ever to save money while shopping, so you have the money you need to meet goals like debt repayment, retirement savings, and saving for your kids' future education. Here are five of my faves:

1 Flippr: Find what's on sale and clip it straight to your shopping list. You know how I feel about shopping lists. Never leave home without one! No more toting around flyers so you can price match. And if you're looking for something in particular, just type it into the search function.

2 Checkout 51: A Canadian app, you take a picture of your receipt and submit it and

the products featured give you cash back without your having to clip a coupon. When your account hits 20 bucks, you ask for a cheque. Download CartSmart and SnapSaves and make your receipts do triple-duty!

3 Gasbuddy: Find the cheapest gas wherever you are and earn points for gas prices you report to the site. This is community shopping at its best.

4 Redlaser: Tired of hauling around all those loyalty cards? Download Redlaser and you won't have to. Need I say more?

5 BillMinder: Have trouble keeping track of when bills are due? This app is for you. See all your bills, record the date paid and even export to Excel. Nifty.

Quoted

“If you make the effort and take the time to watch your money, you can grow a pretty satisfying nest egg on a relatively small income.”

idea of holding up the check-out line with their myriad coupons.

Others don't want people to think them “cheap.” Still others just can't be bothered with hauling around flyers for price matching or pulling out the right loyalty card to earn points.

Saving money should simply be a habit.

And when you find yourself becoming complacent — when you think you have so much money that you don't consider cost a factor in your purchase decision — it's time to pinch yourself.

You've wandered into dangerous territory.

ant as how much moolah you're bringing in.

After all, if you spend every cent of your salary, no matter how enormous it may be, you will still wind up in Debt Hell.

Witness what happened in Alberta in the last couple of years as people's incomes skyrocketed and their ability to borrow went right on up, too.

Albertans have the highest level of debt in the country — so much for those great incomes — and their net worths are falling like a rock.

If you make the effort and take the time to watch your money, you can grow a pretty satisfying nest egg on a relatively small income.

That's where the “blue-collar millionaire” phenomenon was born. Once upon

a time, blue-collar workers were seen as just making ends meet.

Then financial institutions woke up to the reality that lots of people with average-Joe salaries had stockpiled quite the basketful of money simply by making saving a priority.

There are all kinds of reasons why people eschew frugality. Some folks hate the

3
LIFE

Future boss, welcome to my bachelor pad



OFFICE SPACE
Eleni Deacon
life@metronews.ca

Dear Metro,

I have a Skype interview this week for a new job. It's a big position, and I want to look professional. Problem is, I live in a crummy apartment with loud, nosy roommates. I'm afraid I'll be interrupted or come off like an unprepared kid. How can I make myself seem more polished?

— Incoming Call

Dear IC,

Skype interviews aren't an invitation to talk shop in your undershirt while eating Spaghettios. Treat it like an IRL assessment: Comb your hair, and be prepared.

Your home may not be the 11th-floor boardroom, but you can stage a neutral set-up. Keep your background simple: Blank walls are best.

If your roommates are so reckless they can't respect a "PLEASE DO NOT DISTURB" text, consider renting a sealed meeting room at a shared workspace or library. Just make sure they have a solid Wi-Fi connection.

And on that note, remember that it's more about you

They're hiring you, not your home

If you do lose your Wi-Fi, keep cool; your prospective employers will be judging your reaction to stress more than your flaky Internet connection.

than your surroundings. If you do lose your Wi-Fi, keep cool; your prospective employers will be judging your reaction to stress more than your Internet connection.

Same goes for your roomies: If they bust onscreen wearing body paint and swinging a bottle of Jack Daniels, ask them to leave in a professional manner. Then eat their cookies later.

Dear Metro,

I share a small office with a really nice guy — who is also anal-retentively clean. He won't let me touch anything. He even gets finicky when my own desk gets cluttered! I'm the type of person who likes a little lived-in mess, and I'm finding his rules really aggravating. How can we find a middle ground?

— Must Maintain Some Mess

Dear MMSM,

He: likes Lysol wipes. You: want to work among knickknacks and paper stacks. The

match is not ideal — but there are techniques to Swiffer your tensions away.

How "alive" is your "lived-in" disorder? If your corner is a dumping ground for empty Tim Hortons cups and, say, old copies of Metro circa 2012, the problem isn't him — it's you.

A certain level of professional cleanliness is expected at any office, and you first need to check your own mess.

If he's overly must-dust clean, set some boundaries. Your desk is your own office real estate, and he shouldn't get all twitchy if you leave some mail next to your phone. Respect the common areas, but explain, politely, that your brain functions better in clutter.

You could also make a schedule: Say you'll tidy once a week and stick to it. He can't fret on Monday when house-keeping day is Thursday. Or just let the guy clean. Saves you from doing it yourself.

ELENI DEACON IS A TORONTO-BASED WRITER WHO HAS SEEN IT ALL AS AN EAGER EMPLOYEE OF BIG OFFICES, SMALL OFFICES, HOME OFFICES AND ONE ITALIAN RESTAURANT.



Perhaps it's time to paint yourself with the brush of a business person as well as that of a budding artist. ISTOCK

Finding success in art by thinking like a CEO

Career. One non-profit wants to help artists and performers navigate the world of business

LAKSHMI GANDHI
Metro in New York City

If there's one thing that Adam Huttler wants the world to know, it's this: There's no reason to glamorize the concept of a starving artist.

"There's sort of this romantic halo to this self-marketed artist who only knows art, but it's not doing them any good and it's not doing anybody any good," says Huttler, founder and executive director of Fractured Atlas, a tech company that provides support to working artists.

Micheline Heal, a dancer and choreographer living in New York, agrees. Heal says that when she started performing professionally she knew little about the business aspects of the dance world.

"When I first started I was advised by an accountant, 'You really need to start separating personal finance from your company financing and oh, by the way, you can accept non-profit donations,'" and I was like, "What?" Heal recalls.

While doing research, she discovered Fractured Atlas' online resources and says they have helped her get her career off the ground.

"I think what's really worked for me is asking a

Let's get real

"There's sort of this romantic halo to this self-marketed artist who only knows art, but it's not doing them any good and it's not doing anybody any good."

Adam Huttler, founder and executive director of Fractured Atlas



Adam Huttler LINKEDIN.COM

lot of 'dumb' questions and try and try to get as much advice as you can on every single business aspect, because unless you have a business background, you really aren't going to know," Heal continues.

We sat down with Huttler to talk about Fractured Atlas and the things that every working artist should keep in mind as they build their careers.

How important is it for an artist to think like an entrepreneur?

It's hugely important. Artists — whether they like it or not — are small businesses. Usually, they go to school where they focus on craft, more or less exclusively — and obviously you've got to have the talent. But then they find themselves out in the world and realize "Wow, I need to know about fundraising, I need to know about marketing, I need to know how to make a budget."

What are some of the more

common questions that younger artists have when they come to you?

It's all over the map. I think that a lot of people just don't know where to get started and they might have some vague sense of what they need. They'll come to us wanting help with a grant proposal and in the process of helping with that grant proposal there's a lot of technical assistance and coaching that happens along the way.

And can you tell us about the Arts Entrepreneurship Awards that you are currently collecting nominations for?

It's our second year doing the awards. We've always been an entrepreneurial organization ourselves, we've always been launching new initiatives.

So we've been championing this, but this is the first time we've been able to plant a flag and say, "This is entrepreneurship and this is what we want to see more of in the field."

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When Pizza met Mac 'n' Cheese ...

Pizza Mac 'n' Cheese Pie. Two fast food classics team up in one cheesy dish



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter
@rosereisman

Two of our favourite fast foods are pizza and mac 'n' cheese.

A little kitchen experimentation led to combining these two ideas into a healthier version, and my Pizza Mac 'n' Cheese Pie was born!

Instead of a doughy pizza crust, I use whole wheat penne pasta as the base and pour a lighter cheese sauce over top.

The cheese sauce combines evaporated milk and chicken stock thickened with flour.

This eliminates the use of excess butter and higher fat milk.

Using an older, sharper cheese allows you to use less, which also reduces the calories and fat.

This dish is easy to make and a great way to put a spin on meals already in heavy rotation at your household.

Pizza Mac 'n' Cheese Pie is sure to be a new family staple!

Directions

1. Preheat the oven to 375 F. Spray a 10 - 12-inch pie pan or skillet with vegetable oil.

2. Bring a large pot of water to a boil. Add penne and bring back to a boil, cooking for 8 minutes or just until tender. Drain pasta well and place in pie dish.



This recipe serves six. ROSE REISMAN

3. While the pasta is cooking, make sauce. Whisk together the flour, stock and milk in a saucepan until smooth. Place the mixture over medium heat and cook, whisking constantly,

for about 3 minutes or until the mixture is hot and slightly thickened.

4. Stir in the cheddar and Parmesan cheese and the mustard. Cook until

the cheese melts, about 1 minute. Remove from the heat. Add the cheese sauce to pasta and toss to combine.

5. Flatten pasta in pie pan,

top with tomato sauce, green peppers, tomatoes and grated mozzarella cheese. Bake for 25 minutes. Let rest for at least 5 minutes to make cutting easier.

COOK TIME
ABOUT 30 MINUTES

FLASH FOOD



From your fridge
to your table in
30 minutes or less

Ingredients

- 375 g penne pasta (preferably whole wheat)

Cheese Sauce

- 2 tbsp all-purpose flour
- 3/4 cup chicken (or vegetable) stock
- 3/4 cup canned evaporated milk (2%)
- 1 cup shredded aged light cheddar cheese
- 1/4 cup grated Parmesan cheese
- 1/2 tsp Dijon mustard

Topping

- 1/3 cup tomato sauce
- 1/2 cup sliced green peppers
- Handful of cherry tomatoes
- 1/3 cup grated mozzarella cheese

Nutritional information

Per serving

- **Calories.** 342
- **Carbohydrates.** 38 g
- **Fibre.** 1.8 g
- **Protein.** 27 g
- **Total fat.** 10 g
- **Saturated fat.** 4.5 g
- **Cholesterol.** 44 mg
- **Sodium.** 500 mg

Caprese with a baked eggplant twist

This Eggplant Caprese with Cherry Tomatoes and Feta Cheese dish is perfect as an appetizer, side vegetable dish or main course for a vegetarian.

Eggplant is an excellent source of fibre, vitamins A, B

and C, as well as folate.

Baking the eggplant keeps the calories and fat low compared to the deep-fried versions.

1. Preheat oven to 425 F.

Line a baking sheet with foil and spray with vegetable oil.

2. Slice the eggplant lengthwise into 8 thin slices. You can use the ends

of eggplant.

3. Mix egg and milk on a plate. On another plate, mix bread crumbs and Parmesan cheese. Dip eggplant first in egg wash, then in crumbs mixture and place on baking sheet. Bake for 20 minutes, turning halfway.

4. Combine cherry tomatoes, toasted pine nuts, feta, olive oil and salt and pepper. Spread on top of eggplant slices and garnish with basil. ROSE REISMAN

Ingredients

- 1 large eggplant
- 1 egg
- 1/4 cup milk
- 1 cup seasoned bread crumbs
- 2 tbsp grated Parmesan cheese
- 1 1/2 cup cherry tomatoes, sliced lengthwise in half
- 1/4 cup toasted pine nuts
- 1 oz crumbled feta cheese
- 2 tsp olive oil
- Salt and pepper
- Fresh basil as garnish



This recipe makes eight slices. ROSE REISMAN

Mooseheads go 2-1 on Quebec road trip

QMJHL. 'More confident' Herd's record returns to .500



KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

It was a bittersweet weekend for the Halifax Mooseheads.

Sunday evening's 6-4 loss to the Val-d'Or Foreurs at Air Creebec Centre may left a sour taste, but beating the Rouyn-Noranda Huskies 8-5 on Saturday and topping the Shawinigan Cataractes 6-3 on Thursday helped satiate the Herd's taste for wins.

The Foreurs broke a four-game winning streak for the Mooseheads, whose hot week between Nov. 22 and Nov. 30 improved Halifax's record to 13-13-2-1, for 29 points total and a tie for fourth place in the QMJHL's Maritimes Division.

"I thought we gave up ... too many chances," Mooseheads head coach Dominique Ducharme said Sunday night of Halifax's first loss in five games.

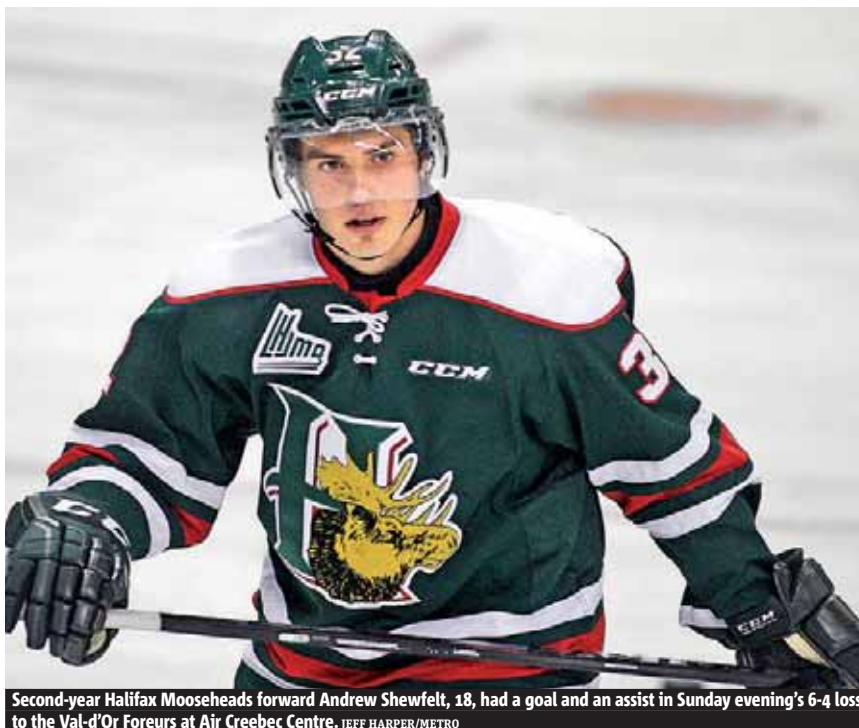
Both of Val-d'Or's power-play goals were scored by Anthony Richard, who made it 4-2 at 5:36 in the second and 5-3 at 17:45 in the third period. He also assisted his team's third goal, earning first star of the game honours.

Jérémie Fraser also had

Quoted

"You always take it one game at a time."

Halifax Mooseheads head coach Dominique Ducharme



Second-year Halifax Mooseheads forward Andrew Shewfelt, 18, had a goal and an assist in Sunday evening's 6-4 loss to the Val-d'Or Foreurs at Air Creebec Centre. JEFF HARPER/METRO

two goals and a helper, including the empty-netter in the final six seconds, to seal the deal for the Foreurs. Pierre-Maxime Poudrier notched a goal and an assist, while Julien Gauthier added a single.

"We could have been better ... defensively," Ducharme said. "We had energy ... (but) it fell on their side today."

Forwards Nikolaj Ehlers, Timo Meier and Andrew Shewfelt contributed a goal and an assist each for Halifax while Philippe Gadoury also scored once. Maxime Fortier and Danny Moynihan both had two helpers.

Shewfelt contributed the same numbers to Saturday's

win over Rouyn-Noranda.

"The fact that he scored last night, he felt more confident," Ducharme said of the second-year forward and his young teammates finding their footing after a somewhat shaky start to the season.

"He came back today with a good scoring chance and took a good shot. Confidence has a lot to do with scoring goals."

Particularly confident at the opposition's net over the weekend were import forwards Ehlers and Meier. Ehlers assisted five of Halifax's goals Thursday and added four goals and two assists Saturday, while Meier scored

four goals in Halifax's win over Shawinigan.

Ehlers leads the Mooseheads with 43 points, while Meier has 38 points, on the season.

"We battled hard," Ducharme said of the Quebec road trip. "We played well enough, maybe to win all three games." But the Moose are "still improving," he added. "We want to take that, and bring it home."

The Mooseheads host the Charlottetown Islanders this Friday and the Saint John Sea Dogs this Saturday at the Scotiabank Centre, with the puck dropping on both games at 7 p.m.

World Junior A Challenge

Bluenosers crack selection camps

A trio of Nova Scotians has been named to selection camps for the Canadian contingents that will compete at the 2014 World Junior A Challenge.

Goalie Blade Mann-Dixon, 17, of Antigonish and forward Michael Lyle, 19, of Florence are two of 40 players invited to the Canada East camp from Dec. 6 to 9 in Toronto.

Forward Morgan Messenger, 18, of Barrington was one of 60 players named to the Canada West camp, Dec. 7 to 9 in Calgary.

Mann-Dixon plays for the Valley Wildcats, while Lyle suits up for the Pictou County Crushers. Messenger plays for the Whitecourt Wolverines of the Alberta Junior Hockey League. **METRO**

Women's hockey

Tigers top Tommies in shootout

Jennifer Thompson and Jesse Rietveid both scored in a shootout to boost the Dalhousie Tigers to a 3-2 win over the St. Thomas Tommies on Sunday evening at the Halifax Forum.

Lauren Henman scored the soul goal of the shootout for St. Thomas.

Meanwhile, the Saint Mary's Huskies dropped two straight on the road, getting edged out 2-1 by the Moncton Aigles Bleues on Friday and falling 4-2 to the UPEI Panthers on Saturday.

METRO

Men's hockey

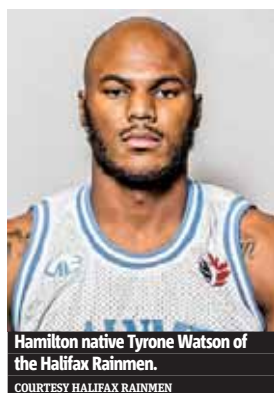
Huskies get gift from Giftopoulos

Stephen Johnston notched the overtime winner to lead the Saint Mary's Huskies to a 2-1 win over the Acadia Axemen on Friday night.

Remy Giftopoulos gave the Axemen the lead midway through the second period but Francis Menard tied it up for Saint Mary's before the period was done.

The win improves SMU's record to 12-3-1 on the season, the same as the Axemen, who they are currently tied with for second place in AUS standings.

Meanwhile, the Dalhousie Tigers (4-11-1) are now in seventh place following a 4-2 loss to the St. Francis Xavier X-Men on Saturday night. **METRO**



Hamilton native Tyrone Watson of the Halifax Rainmen.
COURTESY HALIFAX RAINMEN

NBL Canada. Island Storm roll over Halifax Rainmen at Scotiabank Centre

Saturday was a stormy day for Halifax basketball fans.

The Island Storm edged the Halifax Rainmen 109-97 in front of 5,306 fans at the Scotiabank Centre, a season record for attendance in local National Basketball League of Canada action, according to a news release.

Guard Tyrone Watson scored 18 points to help the

Rainmen, while power forward Emmanuel Jones had 14 points and seven rebounds, and Cliff Clinkscales added 14 points of his own.

Storm guard Brandon Robinson put 23 points on the scoreboard, and had eight rebounds, to lead the Prince Edward Island contingent to the win.

The Halifax Rainmen now

have three wins and three losses on the NBL Canada season, with the chance to improve their record when they travel to New Brunswick this Thursday to tip-off against the Saint John Mill Rats.

The Rainmen's next home game is a rematch against the Storm on Dec. 14, starting at 2 p.m. at the Scotiabank Centre.

KRISTEN LIPSCOMBE/METRO



Stampeders overturn Tiger-Cats' title hopes

CFL. Hamilton fans leave Vancouver with heavy hearts after late penalty on Banks' TD



CAM TUCKER
Metro in Vancouver

No lead is safe in the CFL. It's a slogan the nine-team league prides itself on.

In a year when the quality of the product on the field was questioned and criticized, the 102nd Grey Cup had the makings of a blowout in the first half but produced another thrilling finish. At first, the underdog Hamilton Tiger-Cats looked like they were in for another embarrassing loss in the title game.

Their comeback attempt fell short. Brandon Banks, the speedy and small kick re-

Grey Cup Game

20	16
Stampeders	Tiger-Cats

turner, appeared to score the go-ahead touchdown late in the fourth quarter on a punt return.

A penalty for illegal block on the return nullified the score. No touchdown. Banks, who got room to the outside and outran everyone to the end zone, was crushed. He put his hands to his face and fell to the turf.

The Calgary Stampeders, so dominant in the opening half, held on by a final score of 20-16 before a crowd of 52,056 at BC Place Stadium on Sunday.

The Stampeders and

24-year-old quarterback Bo Levi Mitchell, showing the potential of an up-and-coming star, looked unstoppable at one point. And that was without a big performance from Jon Cornish, who was contained to only five yards rushing in the first half.

Six plays after a Nic Grigsby fumble and Hamilton recovery for a loss of 29 yards, the Stampeders opened the scoring in the first quarter on a Drew Tate rushing

touchdown.

Tate scored a pair of rushing touchdowns for Calgary, which led by 17-7 at halftime.

This game hinged on few big plays, the penalty on the punt return being the biggest. The Grigsby fumble was another, as was a Justin Medlock blocked field goal attempt in the opening half.

The Stampeders' victory gives them their first Grey Cup since 2008.

NBA

Groin injury puts DeRozan on sideline

The Toronto Raptors could be without DeMar DeRozan for quite some time.

The Raptors all-star was diagnosed with a torn tendon in his groin Saturday.

DeRozan injured his groin at the 8:23 mark of the third quarter of Friday's 106-102 loss to the Dallas Mavericks. The Raptors say there is no timetable for his return to basketball activity.

THE CANADIAN PRESS

Gordie Howe. Hockey great's vital signs good

Gordie Howe is comfortable as he makes a long recovery from two strokes, but the hockey great can't walk and has limited speech, one of his sons said Sunday.

Mark Howe said his 86-year-old father's vital signs are good and he's aware of the reasons for his condition. He added that an epidural reduced pain stemming from spinal surgery last summer.

"He's unable to walk and his

speech is very minimal," said Mark Howe, like his father a member of the Hockey Hall of Fame.

Gordie Howe suffered what his children called a serious stroke in late October and another in early November. He's been staying at his daughter's home in Lubbock, Texas.

He has lived with his children since the death of his wife, Colleen, in 2009.

THE ASSOCIATED PRESS

NHL

Red Wings power past Canucks

Pavel Datsyuk scored twice and the Detroit Red Wings beat the Vancouver Canucks 5-3 on Sunday for their fourth straight victory.

About a third of the arena, including the Vancouver zone, went dark 29 seconds into the game after a minor power failure. The game was delayed 33 minutes.

THE ASSOCIATED PRESS

NFL. Johnny Football's surge falls short in Buffalo

Quarterback Kyle Orton and defensive end Jerry Hughes helped the Buffalo Bills build a lead so big that not even Johnny Manziel could overcome.

Orton threw a three-yard touchdown pass and Hughes returned Terrance West's fumble 18 yards for a score 10 seconds apart midway through the third quarter in leading the Bills to a 26-10 win over the Cleveland Browns on Sunday afternoon.



Johnny Manziel scores a touchdown on Sunday in Buffalo GETTY IMAGES

Grey Cup turning points

1 First. Stamps strike early

Backup QB Drew Tate scored on a one-yard run as the Calgary Stampeders grabbed a 7-0 lead over the Hamilton Tiger-Cats after the first quarter.

2 Second. Banks opens Grey Cup account

Tiger-Cats speedster Brandon Banks got behind the Calgary defence for a 45-yard TD on a pass from Zach Colaros that cut the deficit to 17-7 at halftime.

3 Third. Parades pushes lead to 13

Rene Parades kicked a 20-yard field goal with 4:20 left in the third quarter as Calgary took a 20-7 lead into the fourth.

4 Fourth. Cup goes to Calgary

Banks brought Ticats fans to their feet with 35 seconds left when he returned a punt 90 yards for a TD, but it was nullified by an illegal block penalty.

THE CANADIAN PRESS

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3BR \$859

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4 Alfred

1BR \$629

Heat, Hot Water, Parking Incl.

Cat Friendly

Call 902-402-4161

40 Brule St.

1BR \$529, 2BR \$599

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Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

With your ruler Mars allied to Saturn today you possess stamina, steadfastness and a taste for success. Decide on a target and go for it.

♉ Taurus

April 21 - May 21

The task you have to tackle over the next few days may not seem inspiring but once you get to grips with it you will find it engages your interest more than you imagined.

♊ Gemini

May 22 - June 21

Mars in the wealth area of your chart means you have important financial arrangements to deal with and you must do so from a position of strength. Know your worth.

♋ Cancer

June 22 - July 23

Something you have taken for granted turns out to be not so simple. Rather than be annoyed, dig deeper into the situation. What you find could send you on a voyage of discovery.

♌ Leo

July 24 - Aug. 23

Now is the time to get started on a task you've been avoiding. With Mars and Saturn on good terms today you will find it easy to concentrate.

♍ Virgo

Aug. 24 - Sept. 23

It may not be obvious where a certain situation is taking you but everything will be revealed in time. Trust your instincts over the next few days.

♎ Libra

Sept. 24 - Oct. 23

Something is missing from your life and you won't be happy until you find what it is. According to the planets it isn't "out there" in the world but "in here" in your heart.

♏ Scorpio

Oct. 24 - Nov. 22

An objective may not have been within your reach in the past but it will be over the next few days. All you have to do is put a name to your dream and then extend your hand to grasp it.

♐ Sagittarius

Nov. 23 - Dec. 21

Get down to essentials. What exists in your mind's eye could and should exist in the real world, so stop the excuses and make it happen.

♑ Capricorn

Dec. 22 - Jan. 20

Something you see or hear over the next 24 hours will inspire you to do more with your life. If someone who does not possess your talents and can be a success, so can you.

♒ Aquarius

Jan. 21 - Feb. 19

There is a job to be done and you know that you won't be able to move on in your life until it is finished. You don't like to feel you are being coerced but it's for your own benefit.

♓ Pisces

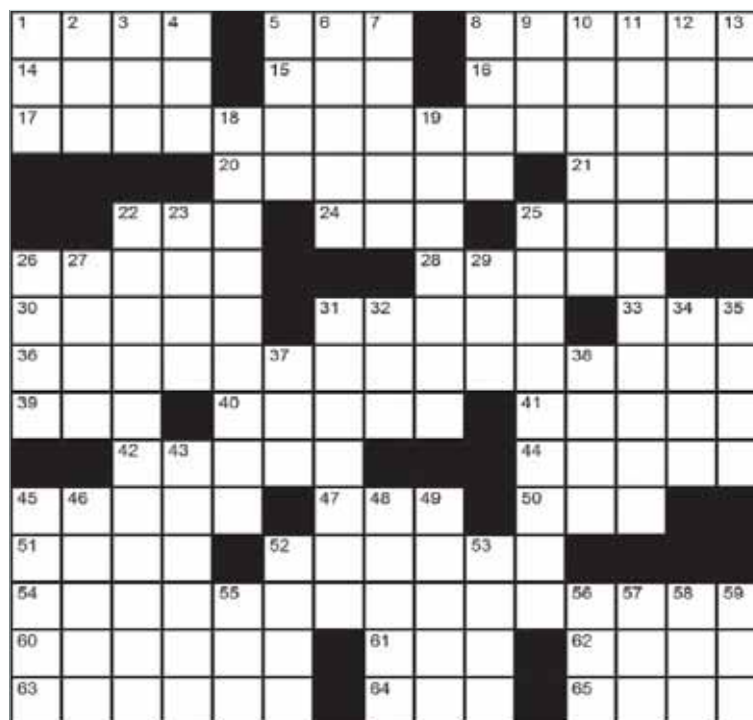
Feb. 20 - March 20

With mind planet Mercury at odds with your ruler Neptune make sure those you help really are in need, and not faking it.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Montreal Canadiens home, Centre
5. Chef Lagasse's sound!
8. Francia's neighbour in Europe
14. Jazzy Ms. Laine
15. Airport posting, briefly
16. "Old ___" (1957)
17. Face creams might claim to stimulate this process: 3 wds.
20. Nullifier, at law
21. Mr. Berkus
22. Smidgen
24. ___ the Record Man
25. Ferry village on the Ottawa River
26. Ms. Swinton
28. Grads
30. Easy _____ (Simple)
31. Soap star Ms. Francis
33. Distant
36. Prince Philip's title: 3 wds.
39. Imitate
40. Saskatchewan village
41. Manicurist's board
42. God of wine in ancient Rome
44. Toronto's Loma, and others
45. Sagas
47. Prime meridian std.
50. Kyrgyzstan city
51. Dream: French



52. Pat Morita's character in "The Karate Kid" (1984)
54. Seamstress' workshop item: 2 wds.
60. Egg stone
61. Writer of 1856's Aurora Leigh ...her monogram
62. Barney Bentall & The Legendary Hearts

- song: 2 wds.
63. Musicals composer Jule, and surnamesakes
64. Frat. counterpart
65. "Revolutionary ___" (2008)

Down

1. Cavemen yrs.
2. Wapiti

3. Hawaiian necklace
4. Mr. Chaney
5. BBC, cute-style
6. Sky's supporter
7. Mediterranean island
8. Glancer
9. John McCain, e.g.
10. Fully-packed assembly
11. Slogan for Tim

- Hortons: 2 wds.
12. "Peachy keen!"
13. "Over the Rainbow" co-composer Harold
18. Chambers-for-the-dead
19. Bucharest's land
22. American actress married to Canadian actor Ryan Reynolds:

- 2 wds.
23. "Why, ___ honoured!"
25. Inhabitant of the province to Ontario's right
26. "Voila!"
27. In baseball, goes to bat: 2 wds.
29. Ms. Ronstadt, for short
31. Atlanta's state
32. Summer hrs. indicator
34. Taj Mahal's site
35. Actor Mr. Darby
37. Charge
38. Ms. Thurman's
43. Traps the ship in Arctic waters: 2 wds.
45. Mathematician, Paul ___ (b.1913 - d.1996)
46. Ross who ran for President in the 1990s
48. Comedian Wanda
49. Billy Blanks fitness system: 2 wds.
52. Fr. titles for ladies
53. Eng., Scot. and Wales: 2 wds.
55. Queen ___ (Toronto thoroughfare)
56. Pres. monogram
57. "___ Baby Baby" by The Miracles
58. Shag rug kind
59. Huffu

Friday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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